

PER I TURISTI STRANIERI: GUIDARE IN ITALIA



BIKES AND CYCLE PATHS

Cyclists must not carry any burdens or anything hindering their arms and legs when riding. They must hold the handlebar with at least one hand. Cyclists must also wear [reflective jacket/waistcoat or braces](#) when riding outside built-up areas from half an hour after sunset to half an hour before sunrise. They must always wear reflective jacket or braces when riding in tunnels, both in built-up areas and outside.

FINE for non-compliance (article 182, paragraphs 9bis and 10, Italian Highway Code): 25 to 100 Euros.

A wide list of cycle paths and routes in Italy can be found on www.piste-ciclabili.com by selecting a Region, Province and Municipality. The site provides cycling itineraries, events, projects, updates and news for bike lovers.

